

# FIELD TRIP TO TAPOVAN VALLEY AND SIDHBARI, HIMACHAL PRADESH

~ Ms. Kudrat Singh, Ms. Harpreet Kaur Bindra & Mr. Jeo Jaspreet Singh ~

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The journey to **Tapovan Valley**, a home to numerous saints, which is located in **Himachal Pradesh** commenced on the 6th of May, 2024, when **MSSSP choir** left for a spiritual retreat in the

pictures with them.

The journey then continued to the misty mountain paths of **McLeod Ganj**, which offered an inviting climate and spectacular scenery. They

lap of nature.

During the bus journey, they enjoyed spending time with their fellowmates and mentors, halting at **Gurudwara Bhibhor Sahib** where they paid their obeisance and had a tempting meal of Kadhi Chawal in the langar.

Upon arrival, the team was warmly received by our respected **Vice President, Miss Nanki Singh**, and led to the mess for an exotic lunch. Afterwards, everyone settled into their respective lodgings, which were immaculately clean and well-organized.

In the evening, the group visited several temples within the center, where they witnessed a profound meeting of knowledge, spirituality, service, and devotion. The following day, the music team was invited on stage by **Swami**

strolled through the Tibetan Market, bought souvenirs, and visited the **Kalachakra Temple**. Exploring this place added zest to the musical trip, allowing the pupils to become more cognizant of its regional and traditional aspects.

The next morning, the students attended Aarti and listened to a session by **Swami Swaroopananda Ji**. The 8th of May 2024 was special as it marked the **108th Jayanti of Swami Chinmayananda Ji**. A grand traditional feast (Dham) was organized by the **Chinmaya Ashram**, featuring various traditional dishes, which the students relished.

The day concluded with a nature walk in the nearby forest before boarding the bus back to Patiala. The modernites were then sent off warmly by our **President, respected Jujhar Sir**, with a

**Swaroopananda Ji** for a much-anticipated performance. The program included the **Ganesh Mool Mantra, Ram Bhajan, Hanuman Chalisa, Shabad,** and **Aarti** written by **Shri Guru Nanak Dev Ji**. The audience was moved to tears, and many devotees approached the pupils to appreciate their mesmerizing performance and even clicked

shared sentiment that Sidhbari is definitely a place to revisit. On the way, they sojourned at **Fatehgarh Sahib**, enjoyed a fulfilling langar, and headed home.

This field trip instilled numerous values in the children, from stage confidence to self-reliance. It was an enriching and unforgettable experience for all involved.



