

# ALUMNI INSPIRATIONS

~ Nidhi (XII-C) ~

**Reporter, Modern School Life Magazine**

**28<sup>th</sup> May, 2021**

**Modern Senior Secondary School, Patiala** organised the second session of ‘**Alumni Inspirations**’ on May 28, 2021 (Friday) via zoom where students, staff and alumni of **MSSSP** were cordially welcomed. This meet was conducted in order to reconnect with the alumni, celebrate their

answered the queries related to **COVID-19** and their school life. Some of these included the effect of COVID-19 on oral health and the ways to prevent post COVID oral problems, points related to self-quarantine and special views on mental health and dealing with stress and anxiety during this

success and various achievements. The alumni expressed their views on the topic **‘How to Overcome the COVID Monster?’**

The following guests attended the meeting:

**Dr. Amandeep Singh Bakshi (Orthopedician)**

**Dr. Parveen Puri (Orthopedician)**

**Dr. Rajiv Saini (Psychiatrist)**

**Dr. Ashutosh Nirola (Periodontist)**

All the dignitaries were greeted and introduced individually by the anchors, highlighting the various milestones achieved by them in their professional life. This was followed by **Q/A** session where our honourable alumni

unprecedented time. The orthopedicians revealed that there is no post Covid effect on bones whereas it can affect the muscles.

The alumni shared some memorable incidents, their inspirations, unforgettable experiences of their school life.

Towards the end of the session, one of the anchors proposed the vote of thanks. She, on the behalf of **MSSSP family** expressed her gratitude to the dignitaries for taking their time out and consenting for the meet. She thanked everyone and the management for their support and guidance which made the Alumni Meet successful.



# MODERN SENIOR SECONDARY SCHOOL

## G.D.N.S. Road, Patiala

HOW DO WE OVERCOME  
THE COVID MONSTER?



An address by and Q&A with



**Dr. Amandeep Singh Bakshi**  
Asst. Prof., Rajindra Hospital, Patiala



**Dr. Parveen Puri**  
Asst. Civil Surgeon, Patiala



**Col. Rajiv Saini**  
Prof. of Psychiatry, Kolkata



**Dr. Ashutosh Nirola**  
Principal, Luxmi Bai Dental College, Patiala

**Friday 28 May 2021, 4 pm, via Zoom.**  
**Students, Staff, Alumni & Friends of MSSSP invited!**