

THE POWER BRAIN HACK

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MSSSP BOOSTS TO hold a two – days workshop on brain mapping by a world-renowned neurologist, Dr.Sweta Adata, there were two sessions one on 3rd September in which students of standard 9 and 10 participated and another on 4th September in which students of standard 11and 12 participated. Dr.Sweta, MD (Medicine), DNB (Neurology) is a young and dynamic Neurologist specialized in treatment of strokes.

She revealed many interesting and unknown

side and the left and right side of the brain are further divided into two parts giving us the names L1,L2,R1,R2.She further explained that the left side of the brain is concerned with logics whereas the right side works with creativity and imagination.

She suggested us to eat healthy. She also provided us some breathing exercises as well as some points in our body to enable the cognitive mind work efficiently.

facts to children. She made them aware of L1, L2, R1, R2 of the brain and the specification reveals that our brain is divided into two parts- left side and right

Having her in the school was an unbelievable and unforgettable moment. Each and every student enjoyed the workshop