

I AM MY LIMIT!

I AM MY SKY!

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SCHOOL Patiala organized a workshop on the theme 'Self Discovery & Self Confidence' having an inspiring title "I am my Limit! I am my Sky!".

Professional, Creative Scholar Mr. Shyam Bannerji and Mrs. Ruma Das Gupta of 'Heritage Grid Production' - came especially to conduct the workshop in a very delightful atmosphere.

Students were given a beautiful message to be happy and be the cause of others' happiness.

The event was a great success. Students from std. VIII, IX, X and XII attended the workshop with great zeal. At the end students were highly excited and they asked many questions like "Is confidence an illusion? How can we come out of it? How will we come to know what we love?"

Material for the workshop was taken from the scriptures of The Geeta, Bulley Shah, Rumi, Robert Frost, etc. Thoughts from all were woven together into an inspiring talk and presentation for the overall theme 'Self Discovery and Self Confidence,' accompanied by the supporting slides on PPT that was like a **TED talk.**

The students thanked the esteemed guests for inspiring them for explaining the path of righteousness in such a wonderful way and one of the student said that all his doubts had been cleared after attending that session.

Students were highly motivated to move on the path of happiness which is already with in them.