

GAMES TIME, FUN TIME

~ *TARUN DEEP SINGH X-B AND GURMANPREET SINGH X-B* ~
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GAMES PERIOD IS the most awaited, exciting and popular period for students in our school as it fulfills natural instinct of playing outside in nature. As a Life Magazine's reporters , this drove us to visit the playground to see students having fun there. We saw the students of Class III,IV &V playing under the supervision of their sports teachers .We interviewed Mr. Manoharjeet Singh and Mr. Jasvinder Singh regarding various sports activities prevalent in Primary section . They told us that Shuttle run, Yoga, PT (physical training) and other games like Football, Cricket, Dodge ball etc. are most popular sports activities among the students of primary section.

In one corner of the playground, the students of grade III were busy with Shuttle run, a drill exercise. In this game children were divided into four groups as per the house they belong to. They were asked to run on the straight track on the first whistle and on the second whistle they were supposed to stop, touch the ground and come back to the starting line. This process was repeated as it would help to build up the stamina.

In the other corner of the ground football match was being played by the boys of standard III,IV &V and the girls of the same classes were engaged in dodge ball .All students were playing with full energy and enjoying to the fullest. The sports teacher said that with this practice they will be ready for

sports week to be held in the month of October or November .We wish the students to excel in the field of sports.

BE SPORTY, BE HEALTHY, BE WISE