

# IK ONKAR

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Reporters, Modern School Life Magazine

September 25, 2017

MODERN SENIOR SECONDARY SCHOOL arranged the array of three days evening talks in English on Guru Nanak Dev Ji-“Ik Onkar” by Swami Swaroopananda (Global Head, Chinmaya Mission) on 23<sup>rd</sup>, 24<sup>th</sup> and 25<sup>th</sup> September 2017. Unfortunately! due to the bumming weather conditions, the venue was shifted to Thapar University Auditorium and minimized to 2 days instead of 3 days.

In the era rife with skepticisms and confusion about spiritual matters, Swami

work done by the students to decorate the School boards.

Swami ji was full of praise for the efforts put in by our worthy chairperson Ms. Nanki Singh to bring the life in the school through boards displaying value based education which is now the prime motive of our school. The students from different wings were gathered in the hall. Then Swami ji delivered wisdom speech to encourage students to be always ready to do something good in life. The students were

Swaroopananda is a rare voice that blends authenticity with accessibility, theory with self practice: He explained the gravitas of the mool mantra 'Ik Onkar' eloquently with fabulous sphere of examples, stories, and experiences. His way of demystifying the teaching of Guru Nanak Dev was a breath of fresh air and very enthralling. He enlightened the new path of logical spirituality for the people.

On the first day the event commenced with the fabulous welcome of Swami ji and continued with the recitation Ik Onkar and refreshing talks on Guru Nanak and his mool mantra. After the completion, the children of Modern Senior Secondary School excelling in the scholastic field were awarded with the Vijay Ratna by Worthy Chairman S Jujhar

encouraged to ask questions and swami ji satisfied them with love.

The arrival of Swami Swaroopananda was benediction for Modern Senior Secondary School. He helped the students for build the foundation for a fabulous life moving forward without sceptism and confusion.

#### MOOL MANTRA

Ik Onkar-	There is only one God.
Sat naam-	His name is true
Karta Purakh-	He is the creator
Nirbhau-	Without fear.
Nirvair-	Without hate
Akal Moorat-	Omnipresent
Ajooni-	Free from birth and death
Saibhang-	Self illuminating
Gurprasad-	Realized through the grace of the

Singh and Swami ji. Next day also, the ultimate talk on mool mantra was held and the children of Modern Senior Secondary School excelling in the co-scholastic field were awarded with Vijay Ratna. It was a very proud moment for Modern Senior Secondary School.

Swami ji also visited the school on 23<sup>rd</sup> of September of 2017 in the morning. He took round of the whole school and appreciated the

true guru

Jap-

Meditate on his name

Aad sach-

He was true when time began

Jugaad Sach-

He has been true since the ages

Hai bhi sach-

He is still true

Nanak hosi bhi sach-

Guru Nanak says he

will be true.

The event was a great success.